

Tessa Goldsack



Educational Psychologist

What I do:

I have positive solution-focused conversations with adults who might feel 'stuck' with supporting the children and young people they work with. We share ideas and make sure we involve the young person themselves to find out what they think and how they feel so we can work together to make positive changes.

What people appreciate about me

I think things through in detail; I always find the positive; I am patient, enthusiastic and hard-working and work well in a team; I have energy and clarity; And my love of purple.

What's important to me

My family including my dog Gus and cat Smartie; doing a worthwhile job and empowering others; being a continuous learner; being part of a positive team; and chocolate.

How I work best

When people communicate clearly and get back to me when requested; when I'm part of a positive team; when people make time to discuss, reflect and share ideas; when I receive regular and constructive supervision.