

# Dr David Lamb



## Educational Psychologist

### What I do:

A solution-focused and collaborative practitioner who applies psychology at individual, group and whole school levels to support children, families and teaching staff.

### What people appreciate about me

Positive and solution-focused, enthusiastic about what psychology can achieve in schools, supportive and appreciative of challenges people and organisations face, takes time to build relationships with staff members, will always look for the good in people and build upon people's strengths and having a sense of humour.

### How I work best

When I am following a process which I have agreed with schools, when I receive positive comments about my work and efforts, when I am working with people who are open to trying new ideas and approaches, when I am delivering training sessions about my passions in education, when I have a quiet space to work in when meeting parents, teachers and children.

### What's important to me

My family, especially my wife and two daughters. Participating and watching sport – I am sport mad! Holding the belief that all young people have strengths and can make progress. Coffee and cake... obviously! Highlighters and having a good pen to write with. That Applied Psychologies continues to build relationships with schools and settings.